

## BP-200:

Mens		Womens	
Shoe Size	Insole Length (mm)	Shoe Size	Insole Length (mm)
7	250	5	220
7.5	255	5.5	225
8	260	6	230
8.5	265	6.5	235
9	270	7	240
9.5	275	7.5	245
10	280	8	250
10.5	285	8.5	255
11	290	9	260
11.5	295	9.5	265
12	300	10	270
13	310	11	280

### Fitting Assistance

The following will assist in determining the proper shoe length for 200 Series.

Remove the insole from a pair of your best fitting shoes, lay a ruler on top of the insole (also called footbed or insert) and measure the length in mm.

Using the chart on the left, select the shoe size that corresponds to the length of your insole.

Note: the best way to determine shoe fit is to try the shoes on before purchasing. This system does not measure width or circumference.



## BP-500:

Mens		Womens	
Shoe Size	Insole Length (mm)	Shoe Size	Insole Length (mm)
7	255	6	230
7.5	260	6.5	235
8	265	7	240
8.5	270	7.5	245
9	275	8	250
9.5	280	8.5	255
10	285	9	260
10.5	290	9.5	265
11	295	10	270
11.5	300	11	280
12	305		
13	310		

### Fitting Assistance

The following will assist in determining the proper shoe length for 500 Series.

Remove the insole from a pair of your best fitting shoes, lay a ruler on top of the insole (also called footbed or insert) and measure the length in mm.

Using the chart on the left, select the shoe size that corresponds to the length of your insole.

Note: the best way to determine shoe fit is to try the shoes on before purchasing. This system does not measure width or circumference.

